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| **5 Ways to Keep Safer with Technology** |  | **5 Ways to Keep Safer with Technology** |  |
| 1. **Talk About It**. Keep an open line of communication between you, your spouse, & child. Having a good relationship is most important.    * Agree on rules that apply no matter where you are.      + Set up clear, simple rules for technology use.      + What web sites are okay? When and how long?      + What is and is not appropriate to do online?    * Adults/Youth should show each other their online activities. |  | 1. **Talk About It**. Keep an open line of communication between you, your spouse, & child. Having a good relationship is most important.    * Agree on rules that apply no matter where you are.      + Set up clear, simple rules for technology use.      + What web sites are okay? When and how long?      + What is and is not appropriate to do online?    * Adults/Youth should show each other their online activities. |  |
| 1. **Implement Safety Tools.** Use built-in or install software to filter the content and to monitor the technology – computer, cell phone….    * Use Google’s “Safe Search Filter.”      + Select “Search Settings” from upper right-hand corner of screen.    * Install filtering and monitoring software on your computer.      + K9 Web Protection from Blue Coat is free online.    * Online games and cell phones have controls that can be set. |  | 1. **Implement Safety Tools.** Use built-in or install software to filter the content and to monitor the technology – computer, cell phone….    * Use Google’s “Safe Search Filter.”      + Select “Search Settings” from upper right-hand corner of screen    * Install filtering and monitoring software on your computer.      + K9 Web Protection from Blue Coat is free online.    * Online games and cell phones have controls that can be set. |  |
| 1. **Avoid Isolation.** Locate the computer in a central location where others can see the computer screen, never in any bedroom. |  | 1. **Avoid Isolation.** Locate the computer in a central location where others can see the computer screen, never in any bedroom. |  |
| 1. **Guard Personal Information.** Explain what *personal information* is and discuss with whom and when it is appropriate to share it.    * Avoid clicking on “pop-ups” or “free” offers online, downloading “free” music, etc. from Limewire, Kazaa….    * Install anti-virus/spyware software ( AVG anti-virus is free).    * Keep all software updated. |  | 1. **Guard Personal Information.** Explain what *personal information* is and discuss with whom and when it is appropriate to share it.    * Avoid clicking on “pop-ups” or “free” offers online, downloading “free” music, etc. from Limewire, Kazaa….    * Install anti-virus/spyware software ( AVG anti-virus is free).    * Keep all software updated. |  |
| 1. **Don’t respond, save the evidence, and report it.** This is what you do when you see in an e-mail, text message, or on the Internet something that is pornographic, mean, or just inappropriate. |  | 1. **Don’t respond, save the evidence, and report it.** This is what you do when you see in an e-mail, text message, or on the Internet something that is pornographic, mean, or just inappropriate. |  |
| “Keeping kids safe online isn’t about technology; it’s about parenting.”   * netsafe_utah_logo.jpg - Larry Magid & Anne Collier (2007) |  | “Keeping kids safe online isn’t about technology; it’s about parenting.”   * netsafe_utah_logo.jpg - Larry Magid & Anne Collier (2007) |  |